



Hello “Minds Over Mountains” Riders!

Spring has finally arrived and as you embark on your outdoor training rides & building those kilometers for your epic Ride in June.

Allow me to introduce myself, my name is DarleeAnn Mathieson & I am an Edmonton Registered Massage Therapist with the Massage Therapy Association of Alberta.

My extensive knowledge of sport, along with 25+ years massage experience has been sought by a variety of clients from the everyday fitness enthusiast to amateur & professional athletes.

I am an avid sports fan & a fitness enthusiast. Through my passions for competitive curling and weight training, I know first-hand the physical demands & challenges of a regular sports or fitness routine.

As a former training cyclist and having participated in three tours of Ride to Conquer Cancer, I can truly appreciate your dedication!

In that spirit, I would like to support you by offering my services, knowing the mental & muscular demands required for both the training & the Ride itself.

I would welcome the opportunity to team up with you & create a customized massage treatment program to support you.

With that in mind, I would like to *offer you either a pre or post event discount on either one 60 minute or 90 minute therapeutic/sports massage therapy treatment.*

All the best in your preparations & I look forward to meeting & supporting you!

DarleeAnn Mathieson, R.M.T.